



**PKP TENDER HEARTS
FOUNDATION**

First International Wellness Day Observance in New York

New York, New York, April 17, 2026 -- *PKP Tender Hearts Foundation ("Tender Hearts") assists the Permanent Mission of Nepal to the UN and the Consulate General of Nepal in New York to publicize a special event to mark the inaugural observance of International Wellness Day).*

Nepali-American culture-sharing and education organization, Tender Hearts, assisted the Permanent Mission of Nepal to the UN and the Consulate General of Nepal in New York with organizing a special event to mark the inaugural observance of International Wellness Day at the United Nations Headquarters. The event was co-organized in partnership with the World Health Organization.

Prabha Bhattarai, President and Founder of PKP Tender Hearts said "It was an absolute honor to be part of this event, to serve as a liaison, and to receive blessings from our Guru Dev. This global observance highlights the importance of holistic well-being and promotes preventive healthcare as a priority worldwide."

PKP Tender Hearts extends thank-yous to ENepalese News for the coverage, and our special appreciation to Bishwa Raj Thapa. We are grateful for the work of Photojournalist Pankaj Khadka and videographers Bir B. Lamichhane Chhetry and Bikash Shrestha for beautifully capturing these moments. Finally a heartfelt thank you to Sunita Kandel for managing the press section.

About the Permanent Mission of Nepal to the United Nations

The Permanent Mission of Nepal to the United Nations serves as the primary diplomatic link between the Federal Democratic Republic of Nepal and the global community, representing the nation's interests across the UN's various organs and agencies. Since joining the United Nations in 1955, Nepal has remained a steadfast advocate for the principles of the UN Charter, focusing its efforts on global peace and security—most notably through its significant contributions to UN Peacekeeping operations—as well as sustainable development and the protection of human rights. Guided by its commitment to multilateralism, the Mission actively engages in international discourse to address the unique challenges of Least Developed Countries (LDCs) and Landlocked Developing Countries (LLDCs), while championing climate justice and the collective progress of the international community.

About the Consulate General of Nepal in New York

The Consulate General of Nepal in New York serves as the primary diplomatic link between Nepal and the Northeastern United States, overseeing a consular district that includes New York, New Jersey, Connecticut, Pennsylvania, Massachusetts, Vermont, New Hampshire, Maine, and Rhode Island. Under the leadership of the Consul General, the mission is dedicated to providing essential consular services, including the issuance of e-passports, visas, and document legalization, while protecting the rights and interests of the Nepalese diaspora residing in the region. Beyond its administrative functions, the Consulate plays a pivotal role in strengthening bilateral ties by promoting Nepal's economic, commercial, and cultural interests, fostering a robust partnership between Nepal and the diverse communities of the United States.

About PKP Tender Hearts Foundation:

PKP Tender Hearts Foundation is a 501(c)(3) non-profit based in Centreville, Virginia. Their mission is to preserve Nepali culture within children in the United States to remind them where their true roots lie, spread education in Nepal to those who do not get the opportunity to learn, and unite everyone of all ages, from the younger generation to the elderly. See <https://www.thfva.org> to learn more



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