



**PKP TENDER HEARTS
FOUNDATION**

Tender Hearts co-hosts a domestic violence seminar in collaboration with Fairfax County Health Department

Centreville, Virginia, March 15, 2026 -- *The PKP Tender Hearts Foundation ("Tender Hearts") co-hosted a domestic violence seminar in collaboration with Fairfax County Health Department (FCHS).*

Local Nepali-American culture-sharing and education organization, Tender Hearts, co-hosted a domestic violence seminar at the Fairfax County Library in Centreville, VA in collaboration with Fairfax County Health Department. Iqra Haji, Community Outreach and Engagement Unit Supervisor with the Division of Community Health Development at the Fairfax County Health Department presented the disparate, often unnoticed, ways domestic violence can be perpetrated, how to spot it, as well as some strategies to prevent it and stop it.

Prabha Bhattarai Deuja, founder and president of Tender Hearts, said 14 people attended the event in person and approximately 15,000 viewers watched a livestream via the eNepalese news site and that we were able to save one victim during the event on the 15th.

Tender Hearts thanks Fairfax County Health Department for co-hosting this event to disseminate this critical information to the wider Nepalese-American community.

About PKP Tender Hearts Foundation:

PKP Tender Hearts Foundation is a 501(c)(3) non-profit based in Centreville, Virginia. Their mission is to preserve Nepali culture within children in the United States to remind them where their true roots lie, spread education in Nepal to those who do not get the opportunity to learn, and unite everyone of all ages, from the younger generation to the elderly. See <https://www.thfva.org> to learn more

About Fairfax County Health Department:

As an agency of the Fairfax County Health and Human Services System, we work to protect, promote and improve health and quality of life for all who live, work and play in our community. We do this by preventing epidemics and the spread of disease, protecting the public against environmental hazards, promoting and encouraging healthy behaviors, assuring the quality and accessibility of health services, responding to natural and man-made disasters, and assisting communities in recovery. Our vision is for all Fairfax County residents to live in thriving communities where every person has the opportunity to be healthy, safe and realize his or her potential. See <https://www.fairfaxcounty.gov/health/fairfax-county-health-department> to learn more.



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